

PARTICIPANT INSTRUCTIONS 2021

(read me pretty please)

Half Marathon starts at 7:30 AM sharp

5K starts at 8:00 AM sharp

please remember daylight savings!

PACKET PICK-UP & REGISTRATION

Packet & swag pick up will be available at Sun & Ski Sports in Pembroke, MA (296 Old Oak St) at the dates and times below.

- Friday 11/5 from 4 to 7 pm
- Saturday 11/6 from 1 to 5 pm

We highly recommend you get your bib number and swag prior to race day to save time and relieve stress.

Please have your bib assignment ready when you come to pick up your packet.

Note: Friends CAN get your packet. No gear will be mailed.

Race Day Pick Up

Bib numbers can be picked up on race day at Norwell High School (18 South St) starting at 6:00 am. **There will be NO swag pick up at the High School on race morning.**

Swag will be available for pick up at Tinker's Son after the race. You must present your bib in order to get your swag.

We highly recommend you get your bib number and swag prior to race day to save time and relieve stress.



BIB LOOKUP

You will receive an email with your bib assignment on Thursday 11/4. You can also look up your bib number at https://events.racewire.com/south-shore-half/

PLEASE NOTE THAT YOU MUST COME TO PICK UP YOUR BIB WITH YOUR BIB ASSIGNMENT

PARKING & SHUTTLE BUSES

We encourage drop offs at Norwell High School! The South entrance (main entrance off of South St) will be closed. Please enter the High School from the North entrance off of South St (you will be going in the "exit"). See start map below.

Please note the lot will be closed for drop offs at 7:20 AM. This goes for both Half Marathon and 5K drop offs.

There is NO parking at Norwell High School.

START MAP





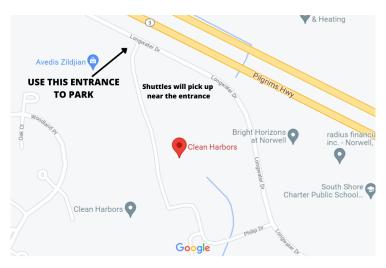
There is NO PARKING at the businesses in Norwell Center. Please be respectful of the businesses near the route!

All participant parking will be at Clean Harbors (42 Longwater Drive). Enter the parking lot from the Longwater Drive entrance (see map below). We STRONGLY recommend you arrive at the parking area <u>early.</u> It takes about 10 minutes to get to the start line via the shuttles.

Each car will receive a colored parking pass. Please put the parking pass around your rearview mirror. This will ensure your car won't be towed during the event.

Please be respectful of the Clean Harbors parking lot!

Clean Harbors will have a recruiting team on-site to discuss potential employment opportunities.



Shuttles

Shuttle buses will bring runners from Clean Harbors to the start line at Norwell High School from 5:30AM to 7:00AM (~10 minute ride). This is true for BOTH DISTANCES. This means that the last shuttle bus leaves 30 minutes before the start of the half marathon, and 60 minutes before the start of the SK.

We highly recommend you arrive at the parking area early to relieve stress on race morning! It's about a 10 minute shuttle ride to get from the parking lot to the start.



Shuttle buses will also be provided back to Clean Harbors from the finish line/after-party until 1 pm.

Spectators are allowed to park at Clean Harbors and utilize the shuttle buses if needed. There will be shuttles to take spectators from the High School to the finish starting after the 5K race goes off (8:00 am).

See Finish Line map for post-race shuttle pick up location, and **don't** forget about daylight savings!

POST-RACE PARTY

The post-race party will be held at The Tinker's Son after the race. One (1) beer is included in registration. A beer ticket is provided on each bib. There will also be food available for purchase at the post-race party.

You must be 21+ with a valid ID to consume alcohol. Alcohol must be consumed on-site, and cannot be brought past the barricades.

FINISH LINE

There will be snacks and water available at the finish line, as well as porta potties.

Participants will be directed to use the First Parish Cemetery footpath to make their way up to Main St from the finish line to the post-race party at Tinker's Son. Please do not cut through the Cheever's parking lot. See map below.





There is absolutely no spectator parking at Cheever's. Please be respectful of their business!

BAG CHECK

A free bag check will be provided to all participants at Norwell High School. Once the races begin, all belongings will be shuttled to the finish, and available for pick up at the post-race party at Tinker's Son.

Please allow enough time to check your bag before the race!

Note: Attach your gear check tear-off tag on your bib number to the bag you would like to check.

START

Half Marathon: 7:30AM sharp 5K Run: 8:00AM sharp

AWARDS

All overall and age group awards will be mailed out to winners the week after the event. There will be no awards ceremony on race day.

HALF MARATHON AND 5K COURSE

There will be water stops approximately every mile on the course. Gatorade will be available at miles 5 & 9.

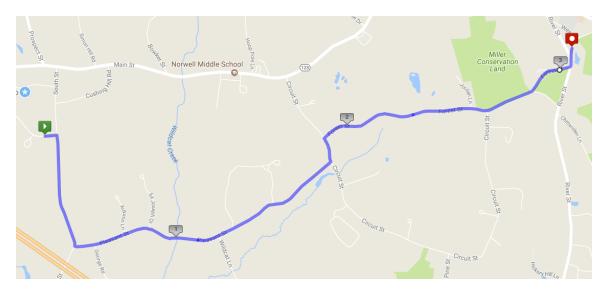
To see an interactive course map, please visit https://events.racewire.com/south-shore-half/

PORTA POTTIES

Porta potties will be available at the Norwell High School, the finish line and the post-race party at Tinker's Son. We will also have porta potties on the course near miles 2/11, 4/10, 5/9 and 6/8.



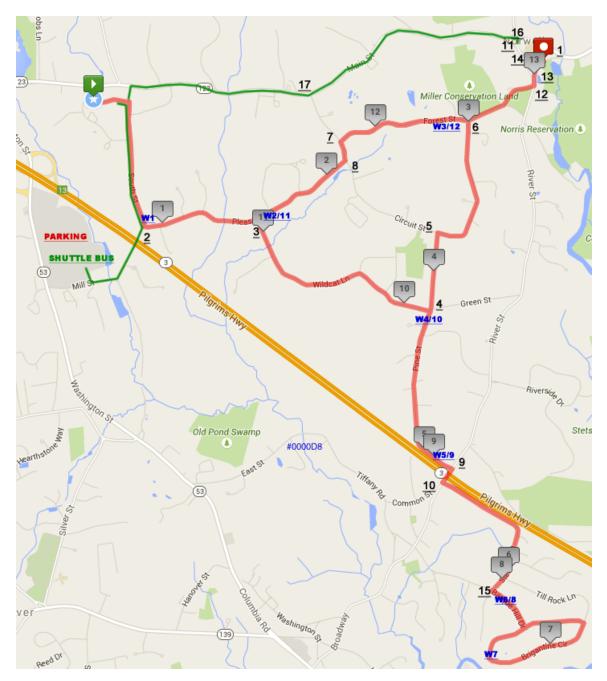
5K Course Map





Half Marathon Course Map

(disregard shuttle route and parking location)





MORE INFORMATION ABOUT FIRST PARISH CEMETERY



° 1812 - 1906

MINISTER OF THIS PARISH 1865 — 1885

This beloved and highly-visible cemetery in Norwell Center is home to some of the town's oldest gravestones—many of which are deteriorating and illegible. The cemetery is owned and maintained by a private non-profit organization, the First Parish Cemetery Association. The Association is currently creating a website which will feature photos of stones and the stories behind them, and enable the Association to accept donations for ongoing maintenance. For more information on this cemetery and other historic sites in Norwell, please visit: NORWELLHISTORICALSOCIETY.ORG