



# PARTICIPANT INSTRUCTIONS

*(read me pretty please)*

## RACE MORNING SCHEDULE

Registration opens: 7:30 AM

Half Marathon and Relay start time: 9:15 AM

Start/Finish Location: Cashman Park, Newburyport

## PACKET PICK-UP & REGISTRATION

Packet & gear pick up will be available at Jack Rabbit in Newburyport (27 Water Street, Newburyport, MA 01950 ) on Saturday 10/23 from 12 to 3 PM.

We HIGHLY recommend you get your bib number and gear prior to race day to save time and relieve stress. Note: Friends CAN get your packet. No gear will be mailed.

Please bring your personal bib assignment email to collect your bib number (print, or mobile version). You can look up your bib number up at <https://events.racewire.com/newburyport-half-marathon/>

Packet pick up will be available on race day (Sunday 10/24) starting at 7:30 am.

- o 260 Towle St. Newburyport, MA 01950 (adjacent to the North End Boat Club)

**In-person registration is available at packet pick up and on race day (cash or check only).**

## BIB LOOKUP

We will be sending out an email Thursday (10/17) that contains your bib number. Please make sure you have this email when you arrive to packet pickup (print, or mobile version).

If you would like to get an early start, bib number assignments are currently posted on <https://events.racewire.com/newburyport-half-marathon/>



## PARKING

The start of the race is approximately at 202 Merrimac Street on the corner of Kent St. Almost all of the streets off of Merrimac Street are parking friendly. Please be courteous and respectful to the neighbors living in these neighborhoods and be sure to not block a driveway or park too close to a fire hydrant.

Carpool if you can – we are expecting a crowd! Keep in mind that if you arrive less than 1.5 hours from the start time, you may encounter traffic delays due to the race.

## BAG DROP

There will be a baggage drop near the registration area.

**Note: The baggage drop will operate under the HONOR SYSTEM and we are not responsible for lost or stolen items.**

## AWARDS

All overall and age group awards for both events will be mailed out to winners after the event. There will be no awards ceremony on race day.

## POST RACE PARTY

Please join us after the race for pizza and beer! BareWolf brewery will be pouring at the after-party and two beers are included in registration.

**Only those 21+ can consume alcohol and YOU MUST PRESENT YOUR ID TO BE SERVED. NO EXCEPTIONS!**

Pizza will also be available to all runners. Tear-off pizza and beer tickets are included on your bib.

## PORTA POTTIES



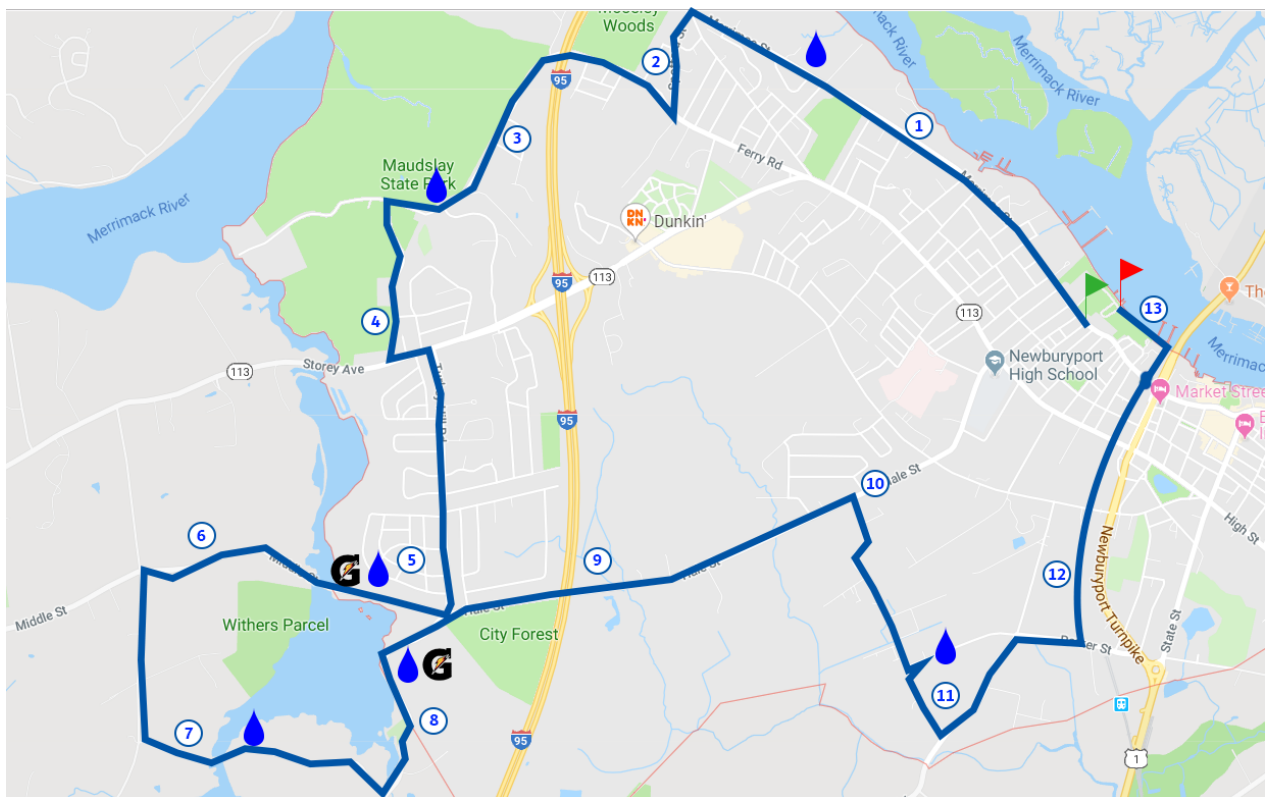
Porta potties will be available at the registration/post-race area and out along the course (near water stops).

## COURSE

See course map below for details.

There will be 6 water stops throughout the entirety of the course, with Gatorade available at stops 3 and 5.

**THIS IS NOT A CLOSED COURSE TO TRAFFIC.** There will be Police details and volunteer course marshals at all key intersections to hold traffic for runners. Please do your best to run safely, and to hug the right side of the road along the entire course, especially when there is a coned off running lane for your safety!





## RELAY-SPECIFIC INFORMATION

### **Shuttles**

We will be providing a shuttle to take relayers from the start of the race to the one relay location at Browns Lane and Garden St in West Newbury.

**Drop Off:** The bus will be making ONE (1) trip from the starting area at Cashman Park between 8:55-9:00am. The pick up location will be between the softball field and the soccer field (on the other side of our FINISH LINE). The bus will drive down this area as it will be easiest to go in and out. It is best to coordinate with your relay partner nice and early so you don't miss the bus!

**Pick Up:** As the runners move through the course, the bus will pick up relay finishers and depart back to the finish area through the last hand-off . There are no specific times that can be guaranteed for this service as the race progresses.

### **Relay Transition**

You will be handing off at the corner of Garden St. and Browns Lane in West Newbury, NOT Newburyport. It is important to be respectful to the neighbors and not to trespass on anybody's property or leave behind any trash or belongings. There will be a porta potty at this location, so please no peeing in the bushes!

### **Relay FAQ's**

*Will we have a team bib number or separate bib numbers?*

Each member of the team will have their own bib number. Bib numbers are grouped together, so one person will pick up both numbers.

*Can I continue running with my partner or at least finish running the course after I hand-off?*

- Sure, we don't really care as long as you remain respectful to the other runners. The most important thing, however, is to only have the member who is the last leg of the team CROSS THE FINISH. If two or more people cross the finish who have the same number, this will affect your time.



*Can my team coordinate our own rides to and from each location?*

- Yes, although we do not encourage it and you'll have to figure out the logistics yourself. The transition has on-street parking only. Also, as you leave in your vehicle, be aware of the race that is going on that you just ran in!

*How do I "hand-off?"*

- There is no official "hand-off" item for runners to exchange. In the past we had slap bracelets or rubber bracelets but they were more for show and were annoying for runners. It's basically an honor system and the second runner begins their leg once the first runner finishes.

*Do the relay team members still get an end-of-race medal?*

- Absolutely! However, we are only handing them out at the finish. This means that anyone who does not have the finishing leg will need to ask for one upon your return to the post-race party. Just politely ask the volunteers handing them out. Please, just one per person.

*Will there be prizes for top relay finishers?*

- Yes. There will be prizes for the top 3 teams overall. These will be mailed out after the race. There will be no award ceremony on race day.

*What can I expect to see at the hand-off location?*

- You won't see much other than the volunteers, other members of other teams, and some waters which will be reserved for the people finishing each leg. The fun stuff is at the finish line!

**THANKS FOR PARTICIPATING AND HAVE A GREAT RACE!!**