



PARTICIPANT INSTRUCTIONS

(read me pretty please)

PACKET PICK-UP & REGISTRATION

Packet pickup, and on-site registration will be available at Omega Sports on Thursday and at Gibb's Hundred brewery on race day.

Walk-up registration will be available at packet pickup, and race morning. Online registration only – we will not be accepting cash or checks. There will be a computer set up for you to register.

- Thursday (10/4) 4-8PM
 - Omega Sports, 2431 Battleground Ave, Greensboro, NC
- Race Day – Saturday (10/6) starting at 9AM
 - Gibb's Hundred Brewery, 504 State St. Greensboro, NC

If you don't plan on running, you can still come to packet pick-up to get your gear or have a friend do so.

PARKING

On street parking along Golden Gate Drive will be available. Parking is also available across from the brewery by La Bamba Mexican and at the Golden Gate Shopping Center. Please get to the event early if you plan to park.



POST RACE PARTY

The Post Race party will be held at Gibb's Hundred Brewing Company after the race. **You MUST bring your ID to get a beer!**

START

11AM sharp at 504 State Street by the brewery.

AWARDS

- Top M/F Overall Finishers
- Top M/F finishers in their age groups

PORTA POTTIES

Porta potties will be available at Gibb's Hundred Brewing Company.

MEDICAL

The medical team will be available at the Finish line.



COURSE

There will be two water stops out on the course. One located at the turnaround point on 16th Street right after Ceasar St. and one at the finish line.

PLEASE NOTE – Police will be stationed along the course to watch out for and close traffic on the route.