



SOUTH SHORE HALF MARATHON

BARE COVE PARK – 52 BARE COVE PARK DRIVE

HINGHAM, MA 02043

START - 7:30 AM

*****please remember daylight savings!*****



RACE INFORMATION

Location: 52 Bare Cove Park Drive, Hingham, MA 02043

Date: November 4, 2018

Start Time: 7:30AM Sharp (arrive at least an hour early; see below)

- *The start line is ~.5 miles from the parking lot*
- *Baggage check (if necessary)*

PACKET PICKUP

Packet & gear pickup will be available at Marathon Sports in Norwell (134 Washington St, Norwell, MA 02061) on the below dates and times. Runners will receive 20% off when pickup up their gear at Marathon Sports.

Make sure you bring your bib assignment email to collect your bib number (print, or mobile version).

- Thursday – (11/1) 4-7PM
- Friday – (11/2) 4-7 PM
- Saturday – (11/3) 1PM – 5PM

BIB NUMBER

We will be sending out an email Thursday (11/1) that contains your bib number. Please make sure you have this email when you arrive to packet pickup (print, or mobile version). You can also look up your bib number by going to <http://events.racewire.com/south-shore-half/>



PARKING

We suggest entering the park on Bare Cove Park Drive. Once you are on BCP Drive, you will pass athletic fields, and a parking lot on your left side. Continue past that parking lot, onto the portion of road that is separated by a tree line median strip. Once you get to the end of that median, you'll see race tents for registration and baggage check (you are in the right spot!). Turn left and park in the field to the left. This space is first come first served and we will have volunteers directing you where to park.

There will also be overflow parking available at the Beal St. entrance across from 1 Sgt William B Terry Dr, Hingham, MA 02043.

BAGGAGE CHECK

We will be offering a baggage check for all runners, but please make sure to plan your morning accordingly, as the race will start at 7:30AM sharp. Once you arrive on site, just make your way over to the 10x10 pop-up tents.

WATER STOPS

We are offering four separate stops. Of course, since this is a loop course, you will hit each of the water stops three times, or approximately every mile.

Please see map below, for specific locations.



**SOUTH SHORE
HALF MARATHON**





IMPORTANT TRAVEL/RACE NOTE

DAY-LIGHT SAVINGS TIME ENDS!

PERSONAL HYDRATION/NUTRITION STATION

We are giving all runners the option to stock their own personal hydration/nutrition station. On your walk/jog to the start line from the parking lot, you will pass these tables. They will be sorted/labeled by bib number (look for your corresponding # range), so you just need to find your table, set your bottle(s) down and you are good to go.

Please keep in mind, as you pass these tables during the race you will be responsible for locating, and replacing your drink on the table. It might be a good idea to label your bottles with your bib number incase other runners at your table are drinking out of something similar.

See map above for location.

TIMING

Not that anyone would cut any corners, but since this is a loop course we are setting up two “security” timing check points, just to be safe. One at the northernmost point of the course (Bunker Alley/Bare Cove Path), and one at the southernmost point of the course (Conservatory Path).



FINISH

This is a three loop course, with the finish line pulled off of that loop.

You will be responsible for counting your own personal laps! Everyone knows their own pace, and goal time, so it should be very obvious if you are a lap short.

As you are finishing your third lap, you will turn home for the finish at the fork in the road (there will be clear signage at the fork pointing you towards the finish line).

AWARDS

All overall and age group awards will be mailed out to winners the week after the event.

POST RACE PARTY

We will be providing pizza and snacks at the finish line immediately following the race. This party will then continue onto Trident Galley & Raw Bar at 11AM. Your beer ticket on your bib will get you a beer of your choosing, and then all runners are encouraged to stay for brunch and receive an additional 10% off their meal. Please note you must be 21+ to use your drink ticket.



SPECTATORS

Spectators are encouraged to come cheer on their friends, and family. However, we ask that you do so in the area shown on the water stop map above. This area has plenty of space, and you will see the runners pass this point 6 different times, throughout their half marathon!

If you are not at the location before the start of the race, PLEASE make sure to hug the right side of the road at all times on your way there. There are points along the course that are very narrow, and we don't want anything interfering with a runner's path.

Please be courteous of the runners!!!

IMPORTANT COURSE NOTES

- 1) There is a section of course (Bunker Alley) that is run on a packed gravel trail for ~.3 mile
- 2) There are stretches of the course that will have runners going in both directions . These roads will be separated by a line of cones. Please stay to the right of the cones to avoid confusion.
- 3) Water stops #2 and #4 will be on the section of course that is two way traffic. PLEASE don't cross over to the other side to get water. This could be very dangerous for runners coming in the other direction.
- 4) Since there will be runners of all abilities on a loop course, passing is inevitable. Please try to use common courtesy, and allow runners to pass when the course allows.



MEDICAL

We will have two EMTs on bikes that will flow through the course, ensuring no one needs assistance. In addition, we will have a stationary unit at the finish line.

PORTABLE TOILETS

We will have plenty of portable toilets for runners on race morning, in the following locations:

- Parking lot
- On the way to the start line (you will hit this each loop)