



PARTICIPANT INSTRUCTIONS

(read me pretty please)

PACKET PICK-UP & REGISTRATION

Packet pickup, and on-site registration will be available at the dates and times below. We highly recommend you get your bib number and gear prior to race day to save time and relieve stress.

Please know your personal bib number assignment, when you arrive to collect your bib number, and race swag.

You can find your bib number by going to mayflowerstpats.com and clicking “Bib Lookup” on the home page.

Walk-up registration will be available at packet pickup, and race morning.

- Saturday (7/14) 12-5PM
 - Marathon Sports in Plymouth (38 Long Pond Rd)
- Race Day – Sunday (7/15) starting at 8:30AM
 - Mayflower Brewing Co., 12 Resnik Road, Plymouth MA

If you don't plan on running, you can still come to packet pick-up to get your gear or have a friend do so.

Note: Friends CAN get your packet, but they must know your bib number. No gear will be mailed.



BIB LOOKUP

You should be receiving an email that will contain your bib number on Thursday (7/12). This bib lookup link is also available NOW on <http://events.racewire.com/mayflower-summer-5k/>

PLEASE NOTE THAT YOU MUST COME TO PICK UP YOUR BIB WITH YOUR BIB ASSIGNMENT

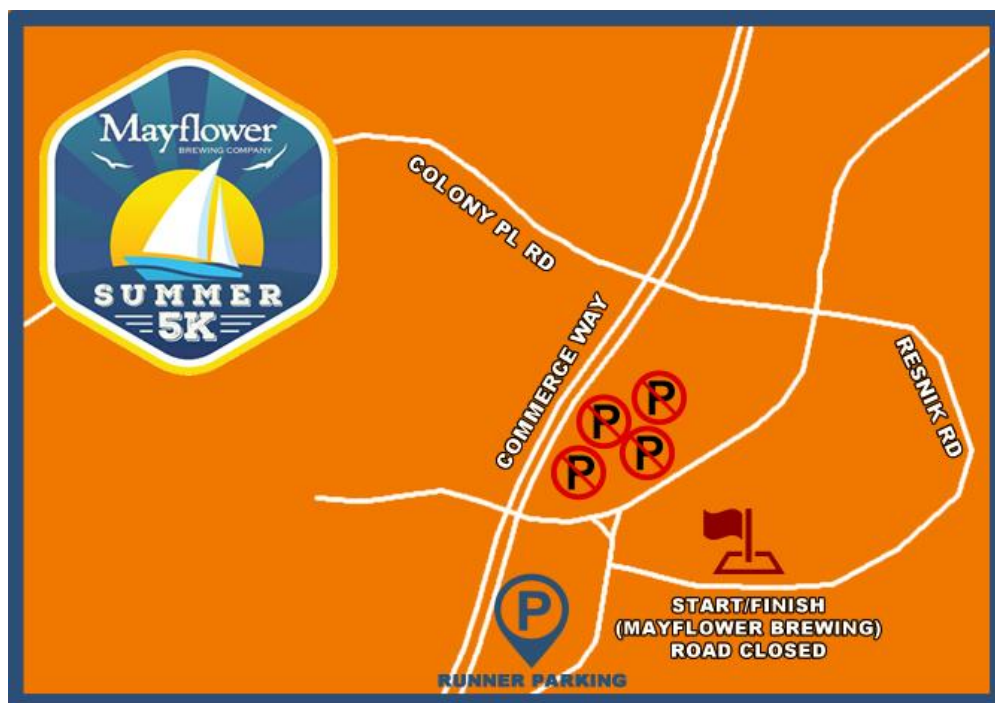


PARKING

NO parking or drop offs will be allowed directly in front of Mayflower Brewing Co. as Resnik Road will be closed to traffic.

NO parking at the below business locations (shown on map):

- Dunkin' Donuts
- Santander
- Harbor One
- Wendy's



ALL PARKING AND DROP OFFS MUST BE DONE IN THE DESIGNATED "RUNNER PARKING" AREAS ABOVE.



POST RACE PARTY

The Post Race party will be held at Mayflower Brewing Co. after the race. **You MUST bring your ID to get a beer! Use your beer ticket on your bib number for one free beer at the post-race party, after that, additional beers are \$5 in CASH!**

BAGGAGE DROP

There will be a baggage drop near the registration area (*see Venue Map below*).

Note: The baggage claim will operate under the HONOR SYSTEM.

START

9:30AM sharp at the intersection of Resnik Road and Scobee Circle.

AWARDS

- Top 3 M/F Overall Finishers
- Top M/F finishers in their age groups
- Age group specifics can be found on <http://events.racewire.com/mayflower-summer-5k/>

Note – All awards will be mailed out, after the race.



TEAM VIP AREA

Please see the attached venue map for the Team VIP area for teams of 20+. The VIP area will be marked and is in the Mayflower Brewing Co. parking lot.

PORTA POTTIES

Porta potties will be available at Mayflower Brewing Co. They will be located in the northeast corner of the lot (see venue map below).

MEDICAL

The medical team will be available at the Finish line

COURSE

USATF certified course

There will be one water stop that runners will pass twice. It is located at the intersection of Industrial Park Road, and Armstrong Road (see course map below).

PLEASE NOTE – the roads are not completely closed to traffic, so please run safe! Plymouth police will be at major intersections helping you stay safe!

Interactive course map available at
<http://events.racewire.com/mayflower-summer-5k/>





Venue Map





VIP TEAMS

VIP TEAM AREA SHOWN ABOVE.

EACH TEAM WILL HAVE A DESIGNATED TENT. LOOK FOR A PRINT-OUT WITH YOUR TEAM NAME, AND TEAM NUMBER.

| Team Number | Team Name |
|-------------|-------------------------------|
| 1 | Randon Racers |
| 2 | Radical Runners |
| 3 | RAP (Running Around Plymouth) |
| 4 | Mayflower Growlers |