



PARTICIPANT INSTRUCTIONS

(READ ME ... PLEASE!)

RACE MORNING SCHEDULE

Registration Opens: 7:00AM

Half Marathon Start: 8:00AM

5K Run Start: 8:30 AM

Start/Finish Location: College Pond*, Plymouth, MA 02360

**Please note, College Pond is within Myles Standish State Forest, where there is very little cell phone service. Please make sure you are aware of this location within the forest before entering, just to be safe.*

GPS Coordinates for College Pond: **Lat:** 41.87185449291162 **Lng:** -70.66191913964235

PACKET PICKUP

Packet & gear pick up will be available at the dates and times listed below. We highly recommend you get your bib number and gear prior to race day to save time and relieve stress.

Please bring your personal bib assignment email to collect your bib number (print, or mobile version). You can look up your bib number up at <http://events.racewire.com/run-through-the-pines/>



- **Friday (5/4) 4PM-7PM**
 - *Marathon Sports in Plymouth (38 Long Pond Rd.)*
- **Saturday (5/5) 1PM-5PM**
 - *Marathon Sports in Plymouth (38 Long Pond Rd.)*
- **Race Day (5/6) starting at 7AM**
 - *Start/Finish Location at College Pond*

If you don't plan on running, you can still come to packet pick-up to get your gear or have a friend do so.

Note: Friends CAN get your packet. No gear will be mailed.

BIB LOOKUP

You should be receiving an email with your bib number assignment on Thursday (5/3). You can also look up your bib number on <http://events.racewire.com/run-through-the-pines/>

PLEASE NOTE THAT YOU MUST COME TO PICK UP YOUR BIB WITH YOUR BIB ASSIGNMENT

PARKING

There are only about 170 parking spots at the College Pond lot. These spots are available to runners on a first come, first served basis. Once filled, RaceWire staff will funnel cars down Upper College Pond Rd, taking a right down Cranford Rd. Cranford will be available for on street parking.



IMPORTANT – Cranford Rd is a one way street that must be accessed via Upper College Pond Rd.

Please see below map.





DIRECTIONS

If entering from the Plymouth side on Long Pond Road, the main road into the forest is Alden Road. Follow Alden Road for approx 1 3/4 miles to the intersection at Upper and Lower College Pond Road. Bear right to College Pond. Bear left to go to parking on Cranford.

If entering from the Carver side, the main road in is Cranberry Road. Follow Cranberry to the end and the Ranger Station will be directly in front of you. Take a left onto Lower College Pond Road, follow for approx 1 mile and stay to the right of the V on Halfway Pond Road. Follow to end and take a left onto Upper College Pond Road. If parking on Cranford, it's a little over a mile down Upper College Pond Road on the left. If coming to College Pond, follow 2 miles to the split, take a sharp left onto Lower College Pond and follow to parking lot.

PLEASE, PLEASE, PLEASE - leave extra time (15-20 minutes more than expected) to drive into the forest and to walk to the start/finish area. It takes time to arrive at your final destination within the park, so plan accordingly!

CELL PHONE SERVICE

Service in the park is not good. Please take a few minutes before leaving your house to manually check out the park layout, race course, and start/finish area. Do not rely on your phone once you are in the park!

It might not be a bad idea to liven up that MapQuest account, and print a map/directions.



GPS WATCHES AND TRACKERS

On the same note, GPS does not work in the State Forest – there are no towers out there, so they will give you very inaccurate readings.

BAG DROP

There will be a baggage drop near the registration area.

Note: The baggage claim will operate under the HONOR SYSTEM.

PORTA POTTIES

Porta potties will be available at the start/finish line. We will also have two porta potties at two separate locations out on the course.

COURSE

There will be water stops approximately every mile on the course. Gatorade will be available at miles 4 and 9.

PLEASE NOTE – the roads are not completely closed to traffic, so please run safe!

Interactive course map available at <http://events.racewire.com/run-through-the-pines/>





COURSE MARKING

Always follow the directional arrows that look the below image. They will be posted on white barricading at each turn/intersection! In addition, there will also be orange spray chalk on the ground to help you navigate the course, as well as a few designated volunteers directing you when to turn.

